

## What is earwax and why might you need to remove it?

Earwax or cerumen is a yellowish-brown wax-like substance produced by glands in the ear canal to help lubricate, protect and clean the ear canal. Normally the wax and any trapped particles will move along the ear, to the opening of the ear where it is expelled.

## How does CI-ear Express Ear Drops work?

**CI-ear Express Ear Drops** contain glycerol to gently soften the wax, and urea peroxide, which releases oxygen to break up the hardened earwax deposits.

#### **Ingredients**

Glycerol BP, Urea Hydrogen Peroxide 5%.

# When should you not use CI-ear Express Ear Drops?

Do not use CI-ear Express Ear Drops if:

- your ear drum has been damaged or perforated, you have an infection or any problems with your ears (eczema, itching sensation, dermatitis and any other local cutaneous (skin) problem).
- you are sensitive to any ingredients listed above.

## **How to use CI-ear Express Ear Drops**

- Tilt your head to one side and squeeze the bottle to drop 3-6 drops of CI-ear Express Ear Drops in the ear.
- Keep your head tilted for a few minutes to allow the drops to soak into the earwax.
- Keep the drops in the ear for a few minutes, rinse with lukewarm water to remove the remaining earwax.
- Wipe away any excess drops from the outer ear using tissue or cotton wool.
- Repeat once or twice daily for the removal of earwax, or once a week to help prevent the earwax build up.
- Treatment usually takes 3-6 days, after which an improvement should be noticed.

As the earwax begins to soften, before it is removed, it can begin to swell slightly, which might give a feeling of fullness in the ear, temporarily affect hearing, and occasionally, can cause slight dizziness or affect balance. A temporary bubbling sensation may occur.

Should these symptoms persist or worsen, or if you experience any other side effects or burning, stop using **CI-ear Express Ear Drops** and seek advice from your doctor or pharmacist.



## **Warnings**

- Children should receive medical diagnosis before using these drops to confirm earwax is present.
- CI-ear Express Ear Drops should only be used in the ear.
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- Avoid contact with the eyes, in case of accidental contact, rinse thoroughly with clean water and consult a doctor.
- Do not use if ear drum has been damaged or perforated, if there is an infection or any problems with ears (eczema, itching sensation, dermatitis or any other local cutaneous (skin) problem).
- Do not swallow.
- Do not use if you are sensitive to any of the ingredients.
- Do not use at the same time as any other ear drop preparations.
- Do not insert hearing aids immediately after use but allow at least 15 minutes for any residue to be removed.
- Do not use if seal on the bottle is broken before first use.

#### KEEP OUT OF THE SIGHT AND REACH OF CHILDREN.

## **How to store CI-ear Express Ear Drops**

- Do not store above 25°C.
- Do not use this product after the expiry date printed on the carton and bottle.
- · Use within 30 days of first opening



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