

Ear wax is a natural, oily substance produced to protect the eardrum. In some people this wax can build up which can lead to ear pain or partial hearing loss. Olive oil is a natural lubricant which gently softens and helps remove ear wax. Olive Oil can be used during pregnancy and whilst breastfeeding.

Ingredients

100% Olive Oil BP

Directions for use:

- Check that the nozzle and bottle are not damaged or broken before use.
- Before using a new bottle of olive oil, shake well, then press the actuator down 3 to 4 times until you get a spray. This will prime the system for first use.
- Tilt head to one side with the affected ear facing upwards.
- Holding the bottle in an upright position with the nozzle placed in the ear canal, depress the actuator fully 1 or 2 times.
- Gently massage around the outside of the ear.
- Plug the ear lightly with cotton wool if required to prevent leakage.
- To remove oil, tilt head so that ear is facing downwards and allow oil to drain. Gently wipe outside of ear to remove residue.
- Gently wipe nozzle with clean cotton wool after use.
- Use the spray twice a day for up to 5 days.
- Repeat with other ear if required.
- The doctor, nurse, or specialist may advise you with specific instructions for using the spay depending on the severity of the wax problem. You should follow the instructions to ensure removal of wax.

Warnings

- Children under the age of 12 years should receive medical diagnosis before using this spray to confirm earwax is present.
- Consult your doctor or pharmacist if you are using any other medication in your ears.
- Do not use if you are allergic or sensitive to olive oil.
- Do not use if the ear is infected, inflammed or bleeding or if the eardrum is ruptured.
- There are no known side effects when using olive oil but if you experience any irritation or other effects, stop using them and tell your doctor or pharmacist.
- Avoid contact with the eyes, in case of accidental contact, rinse thoroughly with clean water and consult a doctor.
- If symptoms persist, consult your doctor.

KEEP OUT OF THE SIGHT AND REACH OF CHILDREN

Storage

Do not use if seal on the bottle is broken before first use. Store between 10°C and 25°C.

Do not use after the expiry date printed on the carton and label. Use within 30 days of first opening otherwise discard the contents.



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EC REP

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