

ThinOptics

Reading Glasses Strength Test

Step 1

Print this Reading Glasses Strength Test page.
Make sure your printer is set to "print to size" and **not** "scaled to fit" paper.

Step 2

To find the strength of reading glasses you need, read the chart **WITHOUT GLASSES** from a distance of about 14 inches. The first line you have difficulty reading is the lens strength for the correct optical power (+1.00 - +3.00*).

<i>Read the text without glasses</i>	Diopter Needed
Let's start with some big text	+3.00*
Next, let's shrink it down a bit	+2.50
Getting even smaller	+2.00
What is this, the fine print?	+1.50
Only ants can read this, if ants could read	+1.00



Shop Headline Readers



Shop Full Frame Reading Glasses

(*+3.00 only available with the Connect Frames)